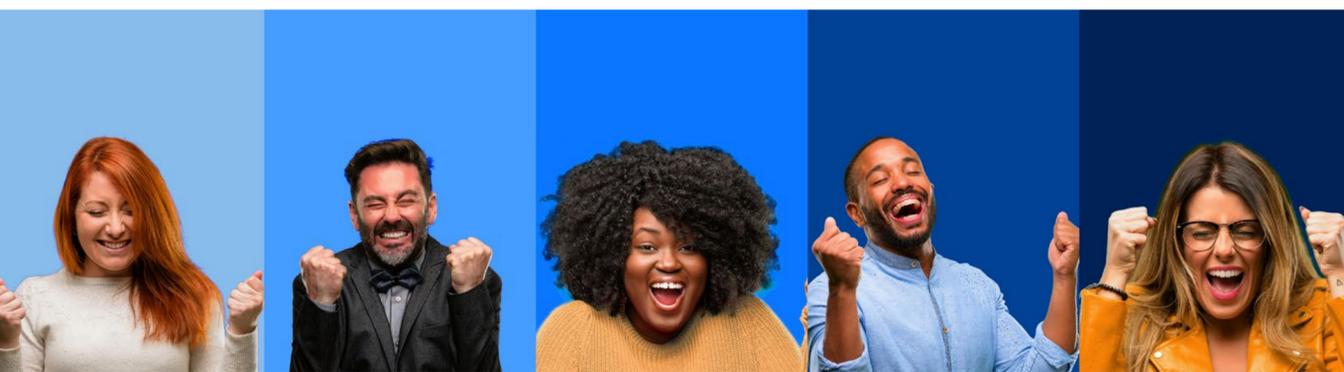


# Your New Health Benefit From Dicalite



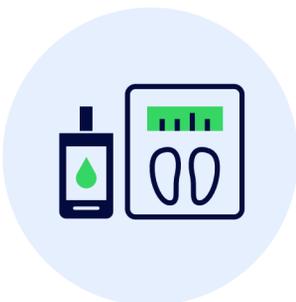
We're excited to share that you now have access to Livongo. This free-to-you digital diabetes management health program helps make living healthy easier. Once you join, you decide what health areas you want to focus on. Get connected devices to make health tracking easy, a mobile app with mini lessons, food and mood tracking, one-on-one coaching, and more!

**Get Started**

Use Registration Code: **DICALITE**

The program is offered at no cost to you and your family members with diabetes and coverage through the company health plan.

## Extra Benefits You'll Get



### Connected Devices

Track your blood sugar, weight, and blood pressure in one place. Livongo's blood glucose meter, smart scale, and blood pressure monitor sync to an easy-to-use mobile app.

[Claim Now >](#)

### Personalized Insights

Get feedback after every blood sugar reading to help you make informed health choices.

[Claim Now >](#)



### One-on-One Coaching

Connect with an expert coach and make a custom plan to reach your health goals.

[Claim Now >](#)

### Mood Tracking

Track your mood within the Livongo app to see how your blood sugar corresponds with your mood.

[Claim Now >](#)



### 5-Day Challenges

Participate in quick, guided challenges to help spark new habits around food, exercise, stress, and more.

[Claim Now >](#)



**Las comunicaciones del programa Livongo están disponibles en español**  
 Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al **(800) 945-4355** o visite **bienvenido.livongo.com/DICALITE**



### Getting Started is Easy

Need Help? Call Livongo Member Support at **(800) 945-4355** and use your registration code **DICALITE**

To enroll in Livongo, you must opt into at least one program that Dicalite offers as a health benefit. You must also meet the health criteria for each program you wish to enroll in. If a Livongo program is not offered by Dicalite, or if you do not meet the specific health criteria of that program, you will not be able to enroll.

Program includes trends and support on your secure Livongo account and mobile app, but does not include a phone, tablet, or smartwatch.